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# TODAY'S NEWS

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## My Three Point Platform.

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### 1.

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My first idea for food insecurity is to do penny drives, yard sales and lemonade stands to raise money for food pantries and organizations that will help the food insecure.

### 2.

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My second idea is to raise awareness. I am making this newsletter so people can know that food insecurity is a big problem in N.H. It affects a lot of families and needs to stop.

### 3.

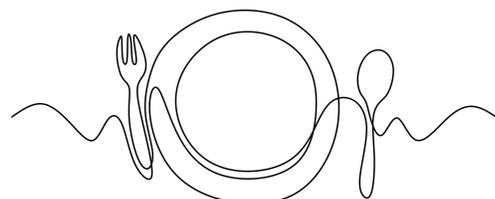
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My third idea is to team up with groceries stores and farmers to see if they are willing to help donate food to kids who need food.



## Food Insecurity

Hello my name is Sierra and I attend Namaste Montessori School in Goffstown N.H. This newsletter is about food insecurity. Did you know, 1 in 11 children in N.H. face hunger? How would it feel if you were hungry and you couldn't eat anything? Or if you had to worry about when your next meal was? How would it feel? Would you feel hungry? Tired? Hangry? That is what so many people are going through. The brutal truth is 1 child in the world dies every ten seconds from malnutrition. Food insecurity affects so many and someone you know might be food insecure. Over 3.1 million children in the world face hunger a year . Why are so many kids food insecure? Well, there are a lot of reasons, poverty is one of them. My school and I have currently raised 200 dollars for a organization called Fueled By Kids.





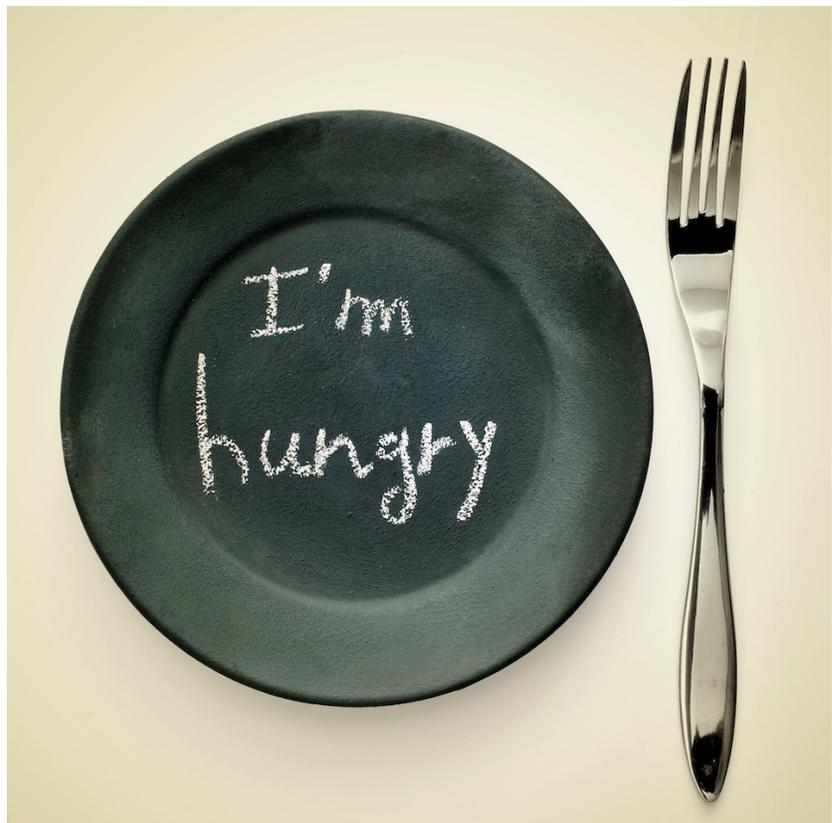
## Reason that cause food insecurity

Food insecurity is something that is caused by many things. Here are some of the main reasons that cause food insecurity:

- Poverty, unemployment, low income
- Lack of affordable housing
- Chronic health conditions or lack of access to health care
- Systemic racism or racial discrimination

These are some of the main reasons of what causes food insecurity and why it is such a big problem. Together we need to help stop food insecurity.<sup>1</sup>

Fueled By Kids is a organization in Bedford N.H. They help food insecure kids in the Manchester area. Each week the volunteers pack over 950 bags. Fueled By Kids give snack packs away anonymously to children. The children are identified by school principals, guidance councilors, etc. Usually at school meals are provided but during the weekend for food insecure kids there is no food available. Fueled by Kids is helping make snack packs for the weekends. Two hundred dollars will sustain a child for one year. The general manager, Kate Mikol is 16 years of age. They are taking donations to help continue their mission. you can donate at [FueledByKids.org](https://www.fueledbykids.org) 100% of the donations go to kids that need food. They are doing so much and helping so many. They are really doing all they can to stop food insecurity. Thank you Fueled by Kids!



1. <https://www.feedingamerica.org/hunger-in-america/food-insecurity>
2. [www.fueledbykids.org](https://www.fueledbykids.org)